

SELF-DISCOVERY QUESTIONS:

- 1. What 5 words describe me the best?**
- 2. What is my purpose in life?**
- 3. What are my top priorities in life right now?**
- 4. What are three of my most cherished values?**
- 5. What brings me the most joy?**
- 6. What makes me feel empowered?**
- 7. What are my biggest achievements in life so far?**
- 8. Who is my role model?**
- 9. What do I love about myself?**
- 10. If I could time travel where would I go?**
- 11. What would I tell to my 10 year old self?**
- 12. What is my biggest guilty pleasure?**
- 13. What do I need to let go to move forward?**
- 14. What is my biggest fear?**
- 15. What am I the most grateful for?**
- 16. What is my definition of success?**
- 17. When is the last time I gave back to others?**
- 18. What keeps me awake at night?**
- 19. What was my greatest weakness and how did I overcome it?**
- 20. If I could share one message with the world what would it be?**